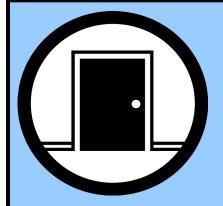
# PATIENT, FAMILY, AND VISITORS



# **Airborne Contact Precautions**

You or your loved one is in Airborne Contact Precautions.
These precautions prevent spread of infection between patients in hospitals. This type of infection is spread by breathing tiny droplets in the air that carry germs.

A blue/orange sign saying "Airborne Contact Precautions" is outside the room letting staff, family, and visitors know what they can do to help keep patients safe.

### As patient, family, or visitor you must help by:

- Knowing your immune status and enter only if immune. (questions, ask nursing staff)
- Keeping the door to the room closed.
- Cleaning hands when you enter and leave the room.
- Limiting where you go outside the room.
- Asking doctors and staff to wash or sanitize their hands as they enter and leave the room even if they are using gloves.
- Limiting visitors.

You will see doctors and staff doing the following:

#### Hand Hygiene

Cleaning hands before and after caring for the patient.

## Gloves, Gowns, Masks, Goggles

They must wear gloves and gown while in the room and will remove them on leaving.

#### Transportation

If the patient needs to go out of the room for a test, staff will clean their hands and help the patient put on a surgical mask.

If you have additional questions about Airborne Contact Precautions, ask your nurse.

